

South Mountain Hill Climb Challenge

April 1, May 20, June 17, July 8 August 12, September 9



Roughly 7 miles Up!—

Ever since my days at Ship it has always been my favorite climb. It has enough twists and turns and moderate elevation gain to literally tear your legs apart. I also like it because it's not that steep and you can find a good climbing rhythm. I always thought a race up the mountain would be a cool thing to watch, participate in and promote. Thus, the South Mountain Mass Start race was born.

These mass start races will occur once a month starting in April and concluding in September on Sundays at 1:00pm. They will occur during the same day as the Carlisle Challenge TT (T)'s. You will have the opportunity to race the flats of central PA and then later a chance to climb one of the epic climbs in the region. We will break out the various categories at the hill climb. Double your pleasure on Sundays and make it worth your trip to come out to beautiful Cumberland County. You won't be disappointed.

The race will be approximately 7 miles in length. Starting point is at the Southampton Park, which is located at 200 Airport Road, Shippensburg, PA 17257 and ends atop South Mountain. Restrooms are available at the park.

The racing will start at 1:00pm. Registration starts at noon at Southampton Park. Coat to enter is \$20.00 for the Climb Race. \$25.00 for the Carlisle Challenge. Do both and the cost drops to \$40.00. Do both events that day and save some money. Go to Bikereg.com to register. MAX Field size is 75 riders.

Gearing recommendation: 39x23 should be fine.

Categories:

Cat 5
Cat 4
Cat 1/2/3
Master age 40+
Master age 50+
Women
Juniors 18 and under.

Prize list will be determined by number of participants in each category. TBD and TBA at a later time.

Need more information go to: www.pabikeracing.com