

Road Racers, Triathletes and all Cycling Enthusiasts:

The QuavR Cycling Club, The Bike Rack, *the complete cycling experience* and Psyclewellness Corporation proudly present their inaugural

10 Mile Indoor Time Trial



**Sunday, April 22nd at the Bike Rack Performance Center,
located at 2930 Campton Hills Road,
St. Charles, Illinois, 60175**

Event information: ABR Sanctioned: \$15.00 fee: Categories: 10 & under, 11-12,13-15, 16-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70+

Juniors will compete in a 5 mile course: \$12.00 fee

CASH PRIZES for the top 3 overall men & women and prizes for the top 2 male/female in each category.

Each participant will receive a water bottle courtesy of the Bike Rack. Gatorade and Amino Vital will be available for participants at no cost. Washrooms and changing rooms will be available. The Bike Rack Mechanics will also be available if problems should arise.

The event will be run on a racer mate 12 multi-rider station.

REGISTER at www.active.com or by Mail-in Registration

EVENT INFORMATION & Registration forms can be obtained at:

www.QuavRcycling.org

Questions? Contact us at QuavRcycling@yahoo.com



www.AmBikeRace.com

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