

2004 Duluth Time Trial Series

The 2004 Duluth Time Trial Series has started!

There are 22 Thursday Night time trials this year starting May 20th and continuing through September 30, 2004.
Everyone is welcome

What: 2004 Duluth Time Trial Series

Where: This year's course has changed to a new location. The start line is at the intersection of Lester River and Strand Road in Lakewood Township north of downtown Duluth. The initial distance measured is 8.48 km or 5.30 mi. on a false flat with 2 "kickers" out and back format heading north *out*, and south *back*, on Lester River Road (new asphalt).

When: Thursday Nights @ 6:30 p.m. Registration opens at 5:45 p.m. and closes as the first rider starts. The first rider goes off at 6:30 p.m. sharp! Each rider leaves in random order at 1 minute intervals. Registration is the *Day Of*, or you can print out a release form and mail it in.

Cost: Individual-\$4.00/week, \$50.00/year -- Family - \$5.00/week, \$80.00/year

Categories:

Open - cyclists that have a road bike with aero bars or extensions on the handlebars that resemble aerodynamic properties. Disk wheels are allowed.

Stock - standard road bike with drop handlebars for the hard-core retro riders. Wheels must have a minimum of 14 spokes, no disk or Tri-spoke wheels. No aero helmets.

TTT - Team Time Trial. A minimum of 3 riders draft and work together. Time is taken when the last rider crosses the line.

MTB - separate class and competition for dirt loving mountain bike riders that need a good workout.

Tandem - If you like to work together as a team, ride a tandem bicycle built for two.

Recumbent - take a seat in your reclining bike.

Wheel Chair - special category for handicapped individuals who are training for triathlons and marathons.

All athletes must sign a release form and must have an ANSI or Snell approved helmet.

Need more Information: website: www.duluthtimetrial.com or email: tonecoughlin@yahoo.com