

WANTED: WOMEN

NEW!! – The 2005 ABD Cycle Club Women in Cycling Recruitment Program!



*Do you like working out in a group atmosphere?
Interested in trying something new?
Do you enjoy riding your bike?*

*If so, the ABD 2005 Women's Cycling Program
needs you!*



**THE PROGRAM IS FREE AND OPEN TO ALL WOMEN WHO ARE INTERESTED –
REGARDLESS OF AGE, ABILITY, BACKGROUND OR CLUB AFFILIATION.**

- The ABD Cycle Club is currently seeking women from the Chicago area interested in cycling and looking for a fun introduction to the sport of competitive cycling.
- The program includes both on- and off- the bike instruction as well as indoor and outdoor workouts lead by ABD Elite Cycling Team Member, Sarah Tillotson.
- Sarah will hold an informational meeting for all women who are interested on Wednesday, December 8th at 7pm in the meeting room of the Winfield Community Bank, 27W111 Geneva Road, Winfield.

**ATHLETES
BY
DESIGN
CYCLE CLUB**



For more information:
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www.abdcycling.com